

## 2023 CARN Meeting Schedule

Retirees are welcome to attend CARN meetings, which are 10:30 a.m. - 12:00 p.m. at the MNA office in St. Paul and virtually via Zoom.

January 11, 2023

February 8, 2023

March 8, 2023 - Leadership Committee

April 12, 2023

May 10, 2023

June 14, 2023

August 9, 2023

September 13, 2023 - Leadership Committee

October 11, 2023

November 8, 2023

December 13, 2023

## Membership Options for MNA Retirees

### **Non-Collective Bargaining Unit Membership**

RNs who are not covered by an MNA collective bargaining agreement.

Dues rate is 50% of full bargaining unit dues.

As a non-collective bargaining unit member, you are eligible to run for elected MNA office and vote in MNA elections.

### **Honorary Membership**

Members who are retired and not working, and who have been an MNA member for 20 years are exempt from paying annual dues.

Honorary members are eligible to run for elected MNA office and vote in MNA elections.

### **Associate Membership**

Any non-collective bargaining unit RN, retired RN, or student nurse enrolled in an RN nursing program can become an Associate member. Supervisory or management RNs are ineligible.

Dues are \$100 per year.

Associate members are not eligible to run for any MNA elected office or vote in any MNA election, but they can be appointed to MNA Committees.



# Council of Active Retired Nurses (CARN)



Minnesota Nurses Association  
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## Council of Active Retired Nurses

### What is the Council of Active Retired Nurses (CARn)?

CARn is the retiree Council of the Minnesota Nurses Association. Any retired MNA member can join. Its objective is to provide an avenue for retired MNA members to continue to promote and support MNA's goals.

### What does CARn do?

Some of the activities CARn is involved in:

- Advocate for upholding the standards of the nursing profession
- Participate in strike lines/informational picketing
- Support organizing initiatives
- Volunteer at CARn endorsed community events
- Work for and support MNA endorsed political candidates
- Educating the public on issues important to the health and well-being of all Minnesotans
- Provide assistance with bargaining unit activities (votes, education sessions, rallies, etc.)
- Assist the MNA Commissions in the mentorship of other nurses

The possibilities are endless!

### What does it cost to become a member of CARn?

There is no cost to join CARn, but you do have to maintain your membership in MNA. See "Membership Options for Retirees of the Minnesota Nurses Association" for the options available to retirees for continuing their MNA membership.

### How often does CARn meet?

Retirees are welcome to attend monthly CARn meetings at the MNA office in St. Paul and virtually via Zoom (no meeting held in July). CARn also has a Duluth chapter that meets monthly in Duluth.

### How do I join CARn?

To join as a Non-Bargaining Unit Member or Honorary Member, please complete the Non-Bargaining Unit Membership Application. To join as an Associate Member, please complete the Associate Membership Application. Please ensure the "Yes" box is checked under the Council of Active Retired Nurses (CARn) Membership section of the application.

Please return your completed and signed application to the MNA office. Once you become a member, you will remain a member of CARn until you notify us in writing you wish to cancel your membership or you are no longer a member in good standing of MNA.

### Additional Information/Questions?

For additional CARn information, please go to the MNA website: <https://mnnurses.org/resources/council-active-retired-nurses-carn/>.

If you have any questions, please contact MNA at 651-414-2800 / 800-536-4662 or [retirednurses@mnnurses.org](mailto:retirednurses@mnnurses.org).



## Join Us!

MNA has long been in need of a formal structure for retired members to continue to be active in the Association. Now that you are retired and no longer have the responsibilities of being employed, you may have the time and energy to commit to helping MNA promote its goals and are anxious to be a part of our success. Retirees have a wealth of information and expertise, yet have been a virtually untapped resource.

Without a formal structure, it has been difficult for MNA to identify those retirees who would be willing to participate in our various activities and communicate effectively with them. With the creation of this Council, there will be an application process; therefore, when the need arises for nurses to attend a hearing at the Capitol, a picket line to show solidarity, or serve as a voice of experience for nursing students, we'll know who to call on.

Your participation in the Council and MNA's activities will also enable you to stay connected with your profession and build relationships with others who share similar viewpoints.

There is much to do and your contribution is an important part of keeping MNA a strong, powerful voice for nurses.

We hope you will consider maintaining your membership in MNA and joining CARn.

